Symposium on Adolescent Obesity
Organised by King’s Adolescent Obesity Service –
One of the first of its kind in the UK

You will get a valuable insight into the
Management of Obesity in the Adolescent Population
and the Role & Benefits of Surgery

For further information please contact
ashish.desai@nhs.net

CPD points – RCPCH – Application pending
Adolescent Obesity: From Prevention to Surgery

National Symposium 21st July 2014

Gainsford Lecture Theatre, Weston Education Centre, King's College Hospital, Denmark Hill, London, UK

Program:

0830-0915  Registration & Coffee
0915-0920  Welcome Address – Ashish Desai
0925-0940  Session 1  Prevention
0940-0955  Prevention strategy – Locally and nationally
          Bimpe Oki, Southwark & Lambeth Public health
0955-1010  Obesity – A Psychological Disease?
          Prof Jane Wardle, Prof Of Psychology, UCL
1010-1020  Discussions

1100-1115  Coffee Break

Session 3  Co-morbidities

1115-1135  Respiratory Co-morbidities – Diagnosis & Management
1135-1150  Management of Type 2 Diabetes
          Dr Simon Chapman, Consultant Paediatrician,
          Endocrinologist, King’s College Hospital
1150 – 1200  Discussion
1200 – 1230  **Key note address:**  
Bariatric Surgery for Teens - Why & By whom?  
Professor Marc Michalsky, Columbus, Ohio

1230-1250  **Bariatric Surgery or Metabolic Surgery?**  
Professor Francesco Rubino, King’s College Hospital

1250 - 1330:  **LUNCH**

**Session 4**

1330-1345  Preparing young people for surgery  
Lucy Stirling, Clinical Psychologist, Teens Surgical Weight Loss Program, King’s College Hospital

1345-1400  Nutritional Management for Obesity  
Sarah Heath, Dietician, Teens Surgical Weight Loss Program, King’s College Hospital

1400-1415  Discussion

1415  **Coffee**

**Session 5**

1430-1445  Choosing the surgery – UK perspective  
Ashish Desai, Consultant Paediatric Surgeon, Teens Surgical Weight Loss Program, King’s College Hospital

1445-1500  What’s new in Bariatric Surgery  
Professor Ameet Patel, HPB & Bariatric Surgeon, King’s College Hospital

1500-1520  Research around Teen Bariatric Surgery  
Professor Marc Michalsky, Columbus, Ohio

1520-1530  Discussions

1545-1650  **Interesting cases and panel discussion**  
Chair: Ashish Desai

Marc Michalsky, Avril Chang, Julian Barth and others  
TBC:

1650-1700  **Vote of Thanks - Simon Chapman**
Registration Form
Adolescent Obesity – From Prevention to Surgery
21/07/2014

Surname: …………………………………………………………. (Prof/Dr/Mr/Mrs/Ms)

Profession: Doctor/Nurse/other Allied Health Professional……………………………

Hospital: ………………………………………………………………………………………

Address: ………………………………………………………………………………………

Tel: No: …………………………..…………….. Fax No: …………………………………

Email: ……………………………………………………………………………………………

Special Requirements: (Dietary or otherwise)

Registration Fees

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<tr>
<td>Consultants/GP</td>
<td>£100</td>
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<td>Trainees/ Allied Health Professional</td>
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PS: Please add £25 admin fees for foreign cheques/ transfers/ invoices

Method of Payment: Cash on admission or
Cheque made payable to: King’s College Hospital Charity, London
Reference “20213 Children”

It is essential that the reference is quoted.

Please send completed registration form to:
Val Baterip / Keshia Goodall
Department of Paediatric Surgery, King’s College Hospital NHS Foundation Trust,
Denmark Hill, London SE5 9RS

Tel: 00 44 (0) 020 3299 3090 / Fax: 00 44 (0) 020 3299 4021
e-mail: ashish.desai@nhs.net val.baterip@nhs.net

Cancellations
Cancellations must be received in writing before or on 15th June 2014 and will be subject to an administration charge of 50% of the registration fee. It is regretted that cancellations received after 15th June 2014 cannot be accepted.